



Time is solution, not a problem

Our second edition of the SENIA-Beijing Light News has filled up with

Great talk

Rethink what we do

Attention

Time

Intentional

Tailored

U – Turn

Development

Embrace the opportunity

By J.Karlsson

Where are we at this point?



Juliane Karlsson SENIA-Beijing Media

& News Editor

Highlights of the Light Night

Strength based reports 基于优势的报告

优术康源 Health Origins Education

Instead of: He has severe meltdowns.
Try: He feels emotions intensely.

取代：他有严重的情绪崩溃
尝试：他对情绪的感知很强烈

Instead of: He is obsessed with cars.
Try: He is very passionate and enthusiastic about cars.

取代：他对汽车痴迷
尝试：他对汽车很有激情和热情

Instead of: He is perseverating on the fan spinning.
Try: He is fascinated by the fan spinning.

取代：他对风扇的旋转很执着
尝试：他对风扇的旋转很着迷

Instead of: He displays restricted and repetitive behaviors.
Try: He enjoys moving his body in the same way over and over again.

取代：他表现出限制性和重复性的行为
尝试：他喜欢以同样的方式反复移动自己的身体

Instead of: He is rigid with his routines.
Try: He prefers consistency and sameness.

取代：他的生活习惯很僵化
尝试：他更喜欢一致性和相同性

Instead of: He is an extreme picky eater with severe food aversions.
Try: He has a sensitive palate and specific food preferences.

取代：他极度挑食，对食物有严重的厌恶感
尝试：他的味觉敏感，有特殊的食物偏好

Instead of: He is nonverbal.
Try: He is nonspeaking. Here's how he communicates...

取代：他没有语言
尝试：他不说话，以下是他的交流方式.....

Instead of: He is low-functioning.
Try: He needs a higher level of support.

取代：他是低功能
尝试：他需要更高水平的支持

Comic Strip Conversations 连环画对话

优术康源 Health Origins Education

• Can be used to discuss social situations in order to increase understanding of people's perspectives – all perspectives are valid

• 可用于讨论社交情况，增加对他人观点的理解--所有观点都是合理的

Pathologising Autism 将自闭症归于病态

优术康源 Health Origins Education

Regular Parenting Group 常规亲子小组

"Beautiful" "漂亮"
"Gorgeous colours" "色彩斑斓"
"A piece of art" "一件艺术作品"
"Love it, it reminds me of a 3D zen tangle"
"好喜欢，让我想起了3D禅绕画"
"What a great display of patience"
"能看出来好有耐心"
"Such creative play"
"好有创意"

Autism Support Group (led by autistic adults)
自闭症支持小组 (由自闭症成年人领导)

"Wow, that's a kid with determination"
"哇，这孩子好有决心"
"Epic" "绝了"
"I just love her creativity" "我好喜欢她的创造力"
"So creative" "太有创意了"

Autism "Education" Group (led by non-autistic professionals)
自闭症"教育"小组 (由非自闭症专业人员领导)

"I'd look at using her love of lining things up as a tool for building her social skills"
"我会考虑利用她对排列的喜爱作为培养她的社交技能的工具。"
"ABA, Floortime and RDI can help with developing more appropriate play skills"
"ABA、地板时光和RDI可以帮助培养更好的游戏技能。"
"Lining things up is an absence of symbolic and intuition based play skills"
"排列是象征性和基于直觉的游戏技能的一种缺失。"

Support Group for Parents of Autistic Children (led by non-autistic parents)
自闭症儿童家长支持小组 (由非自闭症家长领导)

"It's sad that they don't know how to play"
"他们不知道如何玩耍，太可惜了。"
"My kid does this too - it's so frustrating"
"我家孩子也是这样--太令人沮丧了。"
"What a shame they can't play in normal ways"
"他们不会用正常方式玩耍，真是太可惜了。"
"They must feel so isolated"
"他们一定觉得很孤独"
"Yes, my kid is always making a mess too"
"对，我家孩子也总是弄得一团糟"

A perfect example of how autistic play is pathologised is this experiment conducted by the mother of Cadence, an autistic girl. She took a photograph of one of her daughter's creations and mentioned that she is autistic.

自闭症游戏被归于病态的一个很好的例子，是由自闭症女孩Cadence的母亲进行的这个实验。她为女儿的作品拍了一张照片，并发送到四个群里。只说这是一个10岁女孩的作品，没有提到她有自闭症。



A massive **THANKS** to Dr. Milind Sonawane, An expert in Audiology, Speech Language Therapy and Inter disciplinary team-based approach. For those who want to know more about the services provided by **Health Origins Education**, please contact **Michelle**.

News This Week



The ABCs of Behavior: Addressing
Challenging Behavior & Teaching New Skills

Olivia's Place
Joy Zhang
11 Apr



April 11



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tuned

Be-Hind the Scenes – Our Neurodiversity community & Friends





Autism Awareness Day

Educate ♦ Celebrate ♦ Connect

2023



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